



AIKEN RUNNING CLUB MEMBERSHIP APPLICATION

AN INVITATION TO JOIN

The Aiken Running Club is a 501(c)(3) non-profit organization for men and women of all ages, interested in the promotion of fitness and good health through running. Since being founded in 1979, our interests have gone beyond competitive running. We encourage our members to participate in road races, track events, cross country runs, fun runs, and social runs. We support family running and we promote fair competition for people of all ages and abilities.

Club meetings are typically held quarterly to discuss upcoming events and to provide members information to improve ourselves as runners. Our website and Facebook page provides members with news of upcoming events and meetings. The Aiken Running Club organizes and assists in several local events.

Join the Aiken Running Club and:

- * Meet people who share an interest in running and being fit
- * Receive running tips, event information, race results, and occasional humor
- * Talk to and train with all runners; beginners, experienced, marathoners, etc.
- * Get encouragement and support for your fitness efforts, no matter your age or ability
- * Help put on top-quality runs and competitions
- * Learn about running-related issues at club meetings with featured speakers
- * Have access to area race applications and training groups
- * Enjoy social events with other ARC members and participate in local races
- * Participate in runs at Odell Weeks, Citizen's Park, or around the neighborhoods of Aiken
- * **Get a Club T-Shirt (see photos below) with membership!**

For more information, go to www.runningaiken.org



PLEASE ENROLL ME AS A MEMBER OF THE AIKEN RUNNING CLUB!!!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell: _____ Birthdate: _____ Sex: _____ E-mail: _____

Other Family Members (in the same Household):

Name: _____ Birthdate: _____ Sex: _____

Name: _____ Birthdate: _____ Sex: _____

Name: _____ Birthdate: _____ Sex: _____

CLUB MEMBERSHIP APPLICATION WAIVER

(Required by RRCA for insurance purposes)

"I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by the Aiken Running Club (ARC) Code of Ethics and Conduct. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Aiken Running Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver."

SIGNATURE

DATE

PARENT'S SIGNATURE if under 18 years

DATE

Annual Membership Cost: **\$20** - Individual or **\$25** - Family - Renewals due December 31
[Dues include Club T-Shirt - Circle Size: S, M, L, XL, or XXL]

Use Payment Links on the Aiken Running Club website www.runningaiken.org, pay cash in person, or make check payable to **Aiken Running Club** and mail with signed application to **Aiken Running Club, P.O. Box 3195, Aiken, SC 29802**

Your membership dues cover RRCA membership and insurance costs.



For more information email aikenrunningmembership@gmail.com

