

*ARC Member Discount Available

[NOTE: Group Run times and locations may be changed by the Group Run Leader]

June 2019						
Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
						1 *Amazing Grace 5k 8am <u>Greeneway</u> Run for the Hills 5k 8am N. Augusta
2 Sunday Group Run 6:30am Odell	3 ARC/TT Group Runs 6pm Odell	4 Topsy Trot 6:30pm Aiken	5 The Big Run 5k 6pm N. Augusta ARC Group Run 6:30pm Odell	6 Turtle Tracks 6pm Odell	7 Hill Repeats Whitemarsh	8 ARC/TT Group Runs 7am Odell
9 Hotlanta Half Marathon 7am Sunday Group Run 6:30am Odell	10 ARC/TT Group Runs 6pm Odell	11 ARC Board Meeting 5:45pm Alley Taproom	12 ARC Group Run 6:30pm Odell	13 Turtle Tracks 6pm Odell	14 Speed Clinic 6:30am Odell	15 ARC/TT Group Runs 7am Odell
16 Father's Day Sunday Group Run 6:30am Odell	17 ARC/TT Group Runs 6pm Odell	18 Topsy Trot 6:30pm Aiken	19 ARC Group Run 6:30pm Odell	20 Turtle Tracks 6pm Odell	21 Hill Repeats 6:30am Whitemarsh	22 Run-N-Row 8am Olmstead
23 Sunday Group Run 6:30am Odell	24 ARC/TT Group Runs 6pm Odell	25 Topsy Trot 6:30pm Aiken	26 ARC Group Run 6:30pm Odell	27 Turtle Tracks 6pm Odell	28 Speed Clinic 6:30am Odell	29 ARC/TT Group Runs 7am Odell
30 Sunday Group Run 6:30am Odell						

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July 2019						
Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
	1 ARC/TT Group Runs 6pm Odell	2 Topsy Trot 6:30pm Aiken	3 ARC Group Run 6:30pm Odell	4 Independence Day Peachtree Road Race 6am Atlanta	5 Hill Repeats 6:30am Whitemarsh	6 ARC/TT Group Runs 7am Odell
7 XTERRA Harbison Half Marathon 7am Sunday Group Run 6:30am Odell	8 ARC/TT Group Runs 6pm Odell	9 ARC Board Meeting 5:45pm Alley Taproom	10 ARC Group Run 6:30pm Odell	11 Turtle Tracks 6pm Odell	12 Speed Clinic 6:30am Odell	13 ARC/TT Group Runs 7am Odell
14 Sunday Group Run 6:30am Odell	15 ARC/TT Group Runs 6pm Odell	16 Topsy Trot 6:30pm Aiken	17 ARC Group Run 6:30pm Odell	18 Turtle Tracks 6pm Odell	19 Hill Repeats 6:30am Whitemarsh	20 ARC/TT Group Runs 7am Odell
21 Sunday Group Run 6:30am Odell	22 ARC/TT Group Runs 6pm Odell	23 Topsy Trot 6:30pm Aiken	24 ARC Group Run 6:30pm Odell	25 Turtle Tracks 6pm Odell	26 Speed Clinic 6:30am Odell	27 ARC/TT Group Runs 7am Odell Proj. Lift Spirits 5k/ 10k 7am
28 Sunday Group Run 6:30am Odell	29 ARC/TT Group Runs 6pm Odell	30 Topsy Trot 6:30pm Aiken	31 ARC Group Run 6:30pm Odell			

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August 2019						
Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
				1 Turtle Tracks 6pm Odell	2 Hill Repeats 6:30am Whitemarsh	3 ARC/TT Group Runs 7am Odell
4 Sunday Group Run 6:30am Odell	5 ARC/TT Group Runs 6pm Odell	6 Topsy Trot 6:30pm Aiken	7 Adopt A Highway_ Meeting 4pm ARC Group Run 6:30pm	8 Turtle Tracks 6pm Odell	9 Speed Clinic 6:30am Odell	10 Adopt A Highway and Run 7am
11 Sunday Group Run 6:30am Odell	12 ARC/TT Group Runs 6pm Odell	13 ARC Board Meeting 5:45pm Alley Taproom	14 ARC Group Run 6:30pm Odell	15 Turtle Tracks 6pm Odell	16 Ironman 70.3 Augusta Camp	17 Ironman 70.3 Augusta Camp GatorFest ARC/TT Group Runs 7am Odell
18 Ironman 70.3 Augusta Camp Ride for Reason Sunday Group Run 6:30am	19 ARC/TT Group Runs 6pm Odell	20 Topsy Trot 6:30pm Aiken	21 ARC Group Run 6:30pm Odell	22 Turtle Tracks 6pm Odell	23 Speed Clinic 6:30am Odell	24 ARC/TT Group Runs 7am Odell
25 Sunday Group Run 6:30am Odell	26 ARC/TT Group Runs 6pm Odell	27 Topsy Trot 6:30pm Aiken	28 ARC Group Run 6:30pm Odell	29 Turtle Tracks 6pm Odell	30 Hill Repeats 6:30am Whitemarsh	31 ARC/TT Group Runs 7am Odell

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September 2019						
Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
1 Sunday Group Run 7am Odell	2 Labor Day ARC/TT Group Runs 6pm Odell	3 Topsy Trot 6:30pm Aiken	4 ARC Group Run 6pm Odell	5 Turtle Tracks 6pm Odell	6 Speed Clinic 7am Odell	7 Hot Dam Olympic Tri 7am Clarks Hill ARC/TT Group Runs 7am Odell
8 Hot Dam Sprint Tri 7am Sunday Group Run 7am Odell	9 ARC/TT Group Runs 6pm Odell	10 ARC Board Meeting 5:45pm Alley Taproom	11 ARC Group Run 6pm Odell	12 Turtle Tracks 6pm Odell	13 Hill Repeats Whitemarsh	14 ARC/TT Group Runs 7am Odell
15 Aiken to Ride Sunday Group Run 7am Odell	16 ARC/TT Group Runs 6pm Odell	17 Topsy Trot 6:30pm Aiken	18 ARC Group Run 6pm Odell	19 Turtle Tracks 6pm Odell	20 Speed Clinic 7am Odell	21 ARC/TT Group Runs 7am Odell
22 Sunday Group Run 7am Odell	23 ARC/TT Group Runs 6pm Odell	24 Topsy Trot 6:30pm Aiken	25 ARC Group Run 6pm Odell	26 Turtle Tracks 6pm Odell	27 Hill Repeats Whitemarsh	28 ARC/TT Group Runs 7am Odell
29 Sunday Group Run 7am Odell Ironman 70.3 Augusta	30 ARC/TT Group Runs 6pm Odell					