

Triple Crown Road Race
March 9, 2024
10 Mile Awards

MALE OVERALL WINNER(S)	Bib	Name		Age	Sex	City	State	Time	Pace
1st	432	ORINTHAL	STRIGGLES	48	M	Columbia	GA	1:01:24	6:09
2nd	371	CHARLES	KING	29	M	Camden	SC	1:04:33	6:28
3rd	435	NATHAN	TIDWELL	39	M	Evans	GA	1:07:20	6:44
FEMALE OVERALL WINNER(S)	Bib	Name		Age	Sex	City	State	Time	Pace
1st	392	JOY	MILLER	37	F	West Columbia	SC	1:02:20	6:14
2nd	306	SARA	ASHTON	39	F	Chapin	SC	1:03:04	6:19
3rd	333	JENNIFER	DAVIS	36	F	Lexington	SC	1:08:21	6:50
MALE AGE GROUP: 2 - 12	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
FEMALE AGE GROUP: 2 - 12	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									
MALE AGE GROUP: 13 - 19	Bib	Name		Age	Sex	City	State	Time	Pace
1st	391	JACOB	MILLER	16	M	Evans	GA	1:09:27	6:57
2nd	442	ELI	WALKER	17	M	Aiken	SC	1:09:38	6:58
3rd	380	GABRIEL	LEIN	16	M	Grovetown	GA	1:19:09	7:55
FEMALE AGE GROUP: 13 - 19	Bib	Name		Age	Sex	City	State	Time	Pace
1st	355	BONITA ZION	GRIFFING	15	F	Grovetown	GA	1:30:21	9:03
MALE AGE GROUP: 20 - 29	Bib	Name		Age	Sex	City	State	Time	Pace
1st	422	NOAH	SINGER	26	M	North Augusta	SC	1:11:47	7:11
2nd	454	CAMDEN	MCCOMBS	23	M	Grovetown	GA	1:12:30	7:15

3rd	408	MATTHEW	RESZ	25	M	Aiken	SC	1:22:02	8:13
FEMALE AGE GROUP: 20 - 29	Bib	Name		Age	Sex	City	State	Time	Pace
1st	349	LINDSAY	GABOW	29	F	Eastover	NC	1:12:59	7:18
2nd	335	SARAH	DEEM	28	F	Augusta	GA	1:37:53	9:48
3rd	395	IZABELLA	MONREAL	23	F	Fort Eisenhower	GA	1:43:30	10:21
MALE AGE GROUP: 30 - 39	Bib	Name		Age	Sex	City	State	Time	Pace
1st	398	JOHN	MOUZAKIS	38	M	Columbia	SC	1:08:57	6:54
2nd	438	MICHAEL	VALERIO	32	M	Augusta	GA	1:10:23	7:03
3rd	393	BEN	MIMS	36	M	Birmingham	AL	1:13:57	7:24
FEMALE AGE GROUP: 30 - 39	Bib	Name		Age	Sex	City	State	Time	Pace
1st	447	VERONICA	WATSON	34	F	Irmo	SC	1:20:50	8:05
2nd	351	ALISHA	GARCIA	37	F	North Augusta	SC	1:32:45	9:17
3rd	322	CARYN	BUTLER	32	F	Aiken	SC	1:41:49	10:11
MALE AGE GROUP: 40 - 49	Bib	Name		Age	Sex	City	State	Time	Pace
1st	386	ALEX	MCLAIN	44	M	Columbia	SC	1:09:14	6:56
2nd	359	RYAN	HECKENDORN	44	M	Chapin	SC	1:16:51	7:42
3rd	316	SCOTT	BREWER	43	M	Silver Spring	MD	1:18:27	7:51
FEMALE AGE GROUP: 40 - 49	Bib	Name		Age	Sex	City	State	Time	Pace
1st	404	JESSICA	PUCHEK	41	F	Evans	GA	1:16:34	7:40
2nd	444	APRIL	WATERS	42	F	Aiken	SC	1:17:11	7:44
3rd	416	BOBBI	SCOTT	45	F	Chapin	SC	1:19:58	8:00
MALE AGE GROUP: 50 - 59	Bib	Name		Age	Sex	City	State	Time	Pace
1st	341	ANDREW	DUNCAN	58	M	Aiken	SC	1:08:41	6:52
2nd	321	KENNETH	BURROWS	58	M	Martinez	GA	1:16:40	7:40

3rd	453	DIKRAN	YAPOUJIAN	53	M	Aiken	SC	1:17:48	7:47
FEMALE AGE GROUP: 50 - 59	Bib	Name		Age	Sex	City	State	Time	Pace
1st	441	APARNA	VIJAYAN	54	F	Martinez	GA	1:30:05	9:01
2nd	367	HEATHER	KAUFELDS	50	F	Aiken	SC	1:32:25	9:15
3rd	340	STEPHANIE	DUKES	50	F	Lexington	SC	1:47:53	10:48
MALE AGE GROUP: 60 - 69	Bib	Name		Age	Sex	City	State	Time	Pace
1st	437	JOSEPH	TULLY	63	M	Aiken	SC	1:13:11	7:20
2nd	409	STEPHEN	RICHARDSON	61	M	North Augusta	SC	1:24:38	8:28
3rd	420	KIM	SIDEY	63	M	Aiken	SC	1:24:44	8:29
FEMALE AGE GROUP: 60 - 69	Bib	Name		Age	Sex	City	State	Time	Pace
1st	343	RUTH MARIE	EMBLER	66	F	Charleston	SC	1:22:43	8:17
2nd	456	BARBARA	ROSE	62	F	North Augusta	SC	1:42:21	10:15
3rd	459	CATHY	SASSO	67	F			1:42:21	10:15
MALE AGE GROUP: 70 - 98	Bib	Name		Age	Sex	City	State	Time	Pace
1st	311	STEVE	BOSTROM	75	M	West Columbia	SC	1:32:14	9:14
FEMALE AGE GROUP: 70 - 98	Bib	Name		Age	Sex	City	State	Time	Pace
No Participation									